



*The Traveling Professor Presents*

## **NORWAY and the FJORDS by SCENIC RAIL**

**BERGEN • FLAM • OSLO**

### **TENTATIVE ITINERARY**

#### **Day 1: Arrival in Bergen**

Arrive in Bergen and check in at the perfectly located Hotel Grand Terminus. Transfer from the Bergen airport to the hotel is super simple and inexpensive. In the afternoon, a charming 2-hour walking tour introduces this UNESCO World Heritage City.

#### **Day 2: Bergen**

A free day in the Hanseatic village of Bergen. We'll set you up with a full checklist of things to see and do. There are musical performances, stunning city views, sky-high views, top-notch museums, all included on your Bergen card. No one ever disliked a day in Bergen! VIP admission is provided to great city attractions.

#### **Day 3: Ferry to Flåm**

Check out of the hotel after breakfast and get ready for a fascinating day. This is why you came to Norway. The Sognefjord lies in the heart of Fjord. Board a ferry on a [5.5 hour scenic journey](#) through the best of Norway's fjords. The ferry glides across the water stopping at village outposts along the way. Have your camera ready! Enjoy the views through panoramic windows in the lounge or go out on to the large sun deck for an invigorating experience at the very "heart" of Fjord Norway. Arrive in Flåm and check-in at the fabulous Fretheim Hotel, featuring fjord-view rooms and bountiful smorgasbord meals.

#### **Day 4: Flåm and Cruising the Fjords**

Enjoy a day in Flåm at the edge of the majestic Sognefjord. There are a variety of activities to choose from, included with the tour. Do an easy hike and see dozens of waterfalls. Others can opt for a beautiful slow and easy cruise through the Sogenfjord to the Viking Village. Also included is an exciting rib boat cruise for an "up close and personal" experience with waterfalls and wildlife. Intrepid travelers can try the zip line and downhill bike ride from Myrdal. Some describe being at the Fretheim on the fjord like staying inside a U.S. Nation Park. Norwegian buffet dinner at the Fretheim is for your enjoyment.

#### **Day 5: Flåm and the Norwegian Countryside**

There are opportunities for fjord cruises, stunning views from Stegastein Viewpoint, walking/hiking trails or a visit to Aurland where "penny loafers" are still made the good, old-fashioned way. Again, a Norwegian buffet for dinner is included.

#### **Day 6: Departure from Flåm to Myrdal to Oslo**

After check-out from the hotel, board the famous Flamsbana Railway, considered to be the most beautiful train ride in all of Europe. The train climbs up from the sea-level fjord, through the valley, up to Myrdal at 2,841 feet above sea-level. From there we connect with the luxury high-speed train on our way to Oslo. Pass through snow-capped mountains, waterfalls and streams before arrival. Check in at the Hotel Thon Opera. Let's take it easy today by getting a scenic tram ride through Oslo's charming neighborhoods to the famous Vigelandsparken Sculpture Park. There are plenty of attractions near our hotel (Opera House, shopping, dining) and if they are not near the hotel, the best transportation options are only steps away. Each traveler gets an Oslo Card with free admission to thirty major attractions such as Munch Museum, Ibsen Museum, Holocaust Center, Historical Museum, National Gallery, Museum of Decorative Arts & Design, National Museum of Architecture, National Museum of Contemporary Art, Norwegian Folk Museum, Nobel Peace Center, Natural History Museum, Kon-Tiki Museum, and the newly opened National Museum. All Oslo city public transportation (bus, tram, metro, ferry) is included.

### **Day 7: Oslo**

Armed with our Oslo Card let's do a 3 hour professionally guided tour of Oslo to include the City Hall where the Nobel Peace Prize is awarded, the Royal Palace, the Akershus Fortress, Oslo Cathedral, Parliament House, markets, Central Square, and other attractions. Free afternoon (and evening) on your own. There is much to do and see in Oslo; you will scream with delight when visiting the Munch Museum, jump for joy at the Ski Museum and Tower, and all we are saying is, you should give the Nobel Peace Museum a chance.

### **Day 8: Oslo**

There is still much more to see and do. Ride the ferry to the Bygdøy Peninsula. Enjoy the Fram Museum, the Kon-Tiki Museum, the Viking Ship Museum, and the fascinating and enjoyable Norwegian Folk Museum. It is a full day in Oslo. Today would be an enjoyable day to go to one of the newest and best museums in Europe - The National Museum.

### **Day 9: Departure**

It's time to say farewell to Norway. We help you on the way to your next destination.

This 3-hour rail journey is one of the most beautiful in the world. It climbs waterfall-lined mountains, darts alongside the fjords, and meanders through wooded countryside.

**Day 9: Departure**

Thank you for traveling with us. We will get you on your way. Your Bergen Card gets you on the light rail right into the lobby of the Bergen Airport.

For more information, including travel dates and pricing, see:  
<https://travelingprofessor.com/Tours/Norway-and-the-Fjords-by-Scenic-Rail>